Workshop Summary

This three-day workshop explores the results of each participant's StrengthFinders assessment. Participants will analyze the results of their own strengths and weaknesses and provide insight on how to hone particular strengths as they relate to NASA missions. The workshop introduces participants to the Dialogue Model that focuses on the different phases of dialogues, balancing inquiry and advocacy, and understanding fight or flight approaches in conversation and delves deeper into the LifeCycle Model, as introduced in previous workshops. Using the LifeCycle model, participants will learn to use dominant energy when leading, and identifying the conversational patterns that occur in the workplace.

Participants will build on the foundations of their leadership skills by creating highly productive environments for themselves and their teams.

Who should apply to SELDP?

Full-time, permanent GS-13 to GS-15 NASA employee or a senior systems engineer at JPL that have been nominated, and selected to the program year.

What Will I Learn?

The material relayed throughout the workshop will provide a broad overview for four main learning objectives, which are expected to be applied back on the job:

- Focus on and lead from your top strengths in an intentional way and understand the importance of leveraging others' strengths.
- Recognize the importance of and know how to create a safe environment for powerful conversations to take place.
- Effectively advocate for and contribute value in dialogue and collaboration.
- Effectively use inquiry to encourage others to contribute their value in dialogue.

Competencies/Technical Areas

- Recognize the kinds of conversations groups have and where they fall along the continuum of advocacy and inquiry.
- Identify the patterns that occur in conversations in the workplace.
- Watch for and anticipate triggers – personally and for the organization.

Pre-work:

- Complete StrengthFinders assessment
- Complete reading “The ONE Thing” by Gary Keller.
- Practice using tools and capture insights in journal; prepare 5 min presentation on application of one tool